

HIGH ADVENTURE: OZARK STYLE

Overview: Fly in/out of St. Louis, spend 5 - 6 days biking the Katy Trail. Drive to the Ozark Venture Base in Arkansas for a 5 day wilderness kayak trip. Further specifics to be determined by the crew. Estimated cost ~ \$1200.

WEEK 1: BIKEPACKING ON THE KATY TRAIL!!!

Bike the longest rail trail in the US: the 240 mile Katy Trail, running from Clinton to Machens, Missouri. Over half the trail follows the route of Lewis and Clark up the Missouri River, where you will ride beneath towering river bluffs. The rest of the trail meanders through peaceful farmland and small-town America.

The entire length of the trail is a state park. The trail is crushed limestone, with little elevation change. You will carry all your gear on your bike, camping en route and stopping to explore many fun towns along the way.



WEEK 2: OZARK VENTURE BASE



5 Day High Adventure program paddling the waters of Arkansas' largest lake in a touring kayak. Paddle Lake Ouachita, exploring islands, shoals and cliffs. Opportunities for snorkeling and world-class fishing as well as day hiking in the beautiful Ozark mountains. This program is run out of Kia Kima Scout Reservation, Hardy, Arkansas (www.kiakima.net)